

JUNIOR EVALUATIONS AND AWARD REQUIREMENTS 2018/19

| Age Group | Preliminary Assessment (Pool or open water) | Competition Skills Evaluation (Surf/open water) | Junior Development Program Award |
|-----------------|--|---|-------------------------------------|
| Under 6 | * From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back float for 15 seconds whilst holding a buoyant aid and recover to a secure position. | Not required (no competition for this age group) | Surf Play One |
| Under 7 | * From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back float for 30 seconds and recover to a secure position. | Not required (no competition for this age group) | Surf Play Two |
| Under 8 | 25 metre swim (any stroke) 1 minute survival float (on back) | Not required (no water competition, except for wade which takes place in waist deep water) | Surf Aware One |
| Under 9 | 25 metre swim (any stroke) 1 minute survival float (on back) | 150m open water swim within 12 minutes (continuous freestyle) | Surf Aware Two |
| Under 10 | 25 metre swim (freestyle/front crawl) 1 1/2 minutes survival float (on back) | 150m open water swim within 11 minutes (continuous freestyle) | Surf Safe One |
| Under 11 | 50 metre swim (freestyle/front crawl) 2 minutes survival float (on back) | 288m open water swim within 12 minutes (continuous freestyle) | Surf Safe Two |
| Under 12 | 100 metre swim (freestyle/front crawl) 2 minutes survival float (on back) | 288m open water swim within 10 minutes (continuous freestyle) | Surf Smart One |
| Under 13 | 150 metre swim (freestyle/front crawl) 3 minutes survival float (on back) | 288m open water swim within 9 minutes (continuous freestyle) | Surf Smart Two |
| Under 14 | 200 metre swim (freestyle/front crawl within 5 minutes) 3 minutes survival float (on back) | 288m open water swim within 9 minutes (continuous freestyle) | Surf Rescue Certificate |